

Welcome to





THE TRAVELLERS REST

FRODSHAM


01928 735125

Gluten Free Menu


Starters

Chef's soup of the day, GF bread and butter		5.25
Hummus, Toasted bread		4.25
Marinated Kalamata & Beldi olives		3.95
Chicken liver paté, toasted multigrain bloomer		6.50
Pea & Mint Risotto, local goats cheese, pea shoots		6.25
Glazed chicken wings, celery, blue cheese dip		6.25

To Share

Camembert for 2 - Celery batons, toasted bloomer, caramelised plum chutney		8.45
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Mains

Five bean chilli, steamed basmati rice, topped with mature cheddar, jalepenos and sour cream		10.25
Pan seared fillets of sea bass - herb infused crushed new potatoes, buttered curly kale, caviar beurre blanc.		13.95
Ballotine of Chicken - chicken & wild mushroom mousse wrapped in prosciutto, dauphinoise potato, tender stem broccoli, cream of chicken reduction		11.95

12oz Horseshoe Gammon steak, pineapple rings, fried egg and homemade chunky chips	11.95
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Side Orders

Hand cut chips- sea salt	2.95
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Truffle & Parmesan chips	3.75
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Buttered mash potato	2.95
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Steamed seasonal vegetables	2.95
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Salads & Lite Bites

Cold Ham, Egg & Chips	8.95
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From The Grill

12oz Rump Steak - served with confit tomato, roast mushroom, homemade chunky chips (best served medium)	15.95
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10oz Ribeye steak, confit tomato, roast mushrooms, homemade chunky chips	19.95
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